



**PRESCRIBED
FOR PROGRESS™**



INTELLI-FIT™ CONSOLE

The most comprehensive system for experiencing even the smallest improvements — down to .1 increments across a broad range of metrics. Available in French, German, Italian, Spanish (Spain), Dutch, Korean, Portuguese, Japanese, Russian, Chinese, English, Arabic and Turkish.

EASY FOR EVERYONE

SCIFIT products offer the industry's lowest starting resistance, easy accessibility, and intuitive consoles, so it's easy to get moving.

INFORMATION IS POWER

Console feedback includes watts, heart rate, time, RPM, calories, distance, level and METs.

TOUCH SCREEN

Tactile touch screen allows intuitive navigation and is easy to clean.



FIT-KEY® OPTION

Customizes your workout and lets you take your progress with you. Available in the US and Canada only.

SMART FITNESS SOLUTIONS

SCIFIT's comprehensive fitness solutions let users of all ages and abilities experience improvement at every level.



ISO-STRENGTH, a SCIFIT exclusive, provides resistance that mirrors the force applied by the user to safely accommodate individual strength needs.



CONSTANT WORK provides a steady workload measured in watts and METs to increase endurance and provide built-in limits as a safeguard.



BI-DIRECTIONAL RESISTANCE allows users to exercise forward and in reverse to recruit reciprocal muscle groups and allow longer workouts for greater results.



BI-DIRECTIONAL RESISTANCE

Only SCIFIT changes directions — and lives — with bi-directional resistance in all its products.

MADE TO LIVE LONGER

Our extremely durable equipment is designed for long life in high-use environments by elite athletes, uniformed personnel, bariatric patients and more.

- Industry's finest hybrid generator brake — environmentally friendly and self-powered
- High performance roller chain and sprocket assemblies
- Precision machined, high-strength shafts
- U.S.-made, drawn cup roller clutch assemblies for smooth torque transmission
- Powder coated and plated components protect from perspiration and external elements
- Robust structural designs tested to the highest industry standards



PREMIUM RECLINING SEAT FROM SCIFIT

MORE WAYS TO ADJUST FOR AN ACCOMMODATING, COMFORTABLE FIT

SCIFIT's premium seat lets you find the right customized fit like never before. Its impressive 23° recline range combined with a safe 360° swivel, higher height adjustments, and zero-sloping forward and back motion makes the possibilities practically limitless.



360° Therapist Assist Pedal

PRACTICALLY LIMITLESS ADJUSTMENTS

- Recline to any point within a 23° range
- Adjust forward and back on our level monorail for optimum control
- Select seat height from a broader 4.5" range/ 11 cm range: anywhere from 18.5"-23"/47 cm-58 cm
- Turn any direction with 360° swivel that locks at each 90° angle for safety

SUPER ACCESSIBLE FOR PATIENTS - AND THERAPISTS

- Reach all adjustment levers from both sides for easy access
- 360° Therapist Assist Pedals let you adjust forward and back from any point around the equipment
- Integrated handle on seat back makes it easy to remove the seat on products with direct wheelchair access

GREATER COMFORT AND DURABILITY

- Custom shape for reduced hamstring interference
- Stronger seat base for increased stability
- Premium, non-slip upholstery with a modern look
- 2-piece design for easy service and parts replacement



ALSO AVAILABLE IN STANDARD AND BARIATRIC

Standard

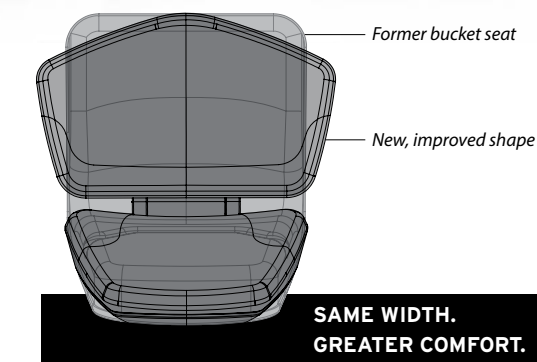


The same great design with forward and back adjustability only. Ideal for fitness environments where minimal supervision is required.

Bariatric



Five inches/twelve cm wider with integrated side handles for added comfort and safety. Forward and back adjustability only.



SAME WIDTH. GREATER COMFORT.

Designed to be the same comfortable width as SCIFIT's former bucket seat, this seat is ideally shaped to reduce hamstring interference.

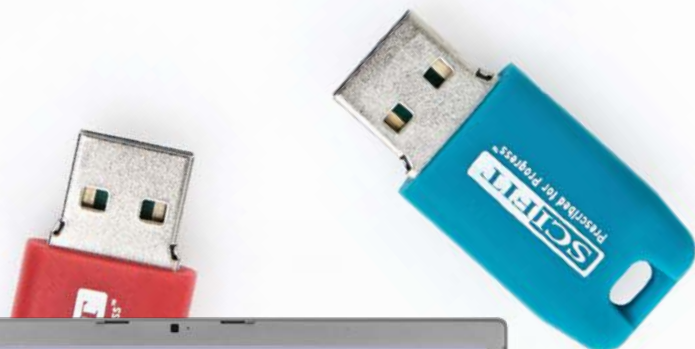
FIT-KEY®

MAKE EVERY MOVEMENT COUNT

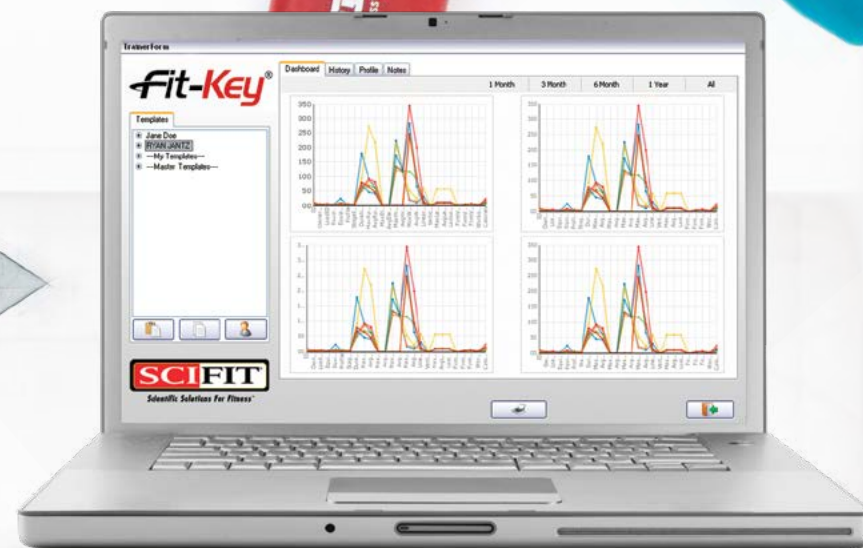
SCIFIT's patent-pending Fit-Key® technology lets you create and use customized workouts on any SCIFIT product — and track your progress over time. With plug-in-and-go convenience, helpful prompts and precise documentation of wattage, heart rate and other metrics, it's like having a virtual trainer to monitor and motivate you for measurable improvement.



Fit-Key® makes it easy to prescribe specialized exercise programs and track compliance and improvement.



Your Fit-Key® USB drive uploads your exercise programs into the Intelli-Fit™ console of any SCIFIT product — and documents each entire workout using precise metrics. Available in US and Canada only.



Whether you're looking for detailed results from an individual session or big-picture trends, Fit-Key® software's friendly graphics show progress at a glance.

PRO SERIES

Versatility in Motion

SCIFIT PRO Series exercisers couple our ISO-Strength program with bi-directional resistance for a total strength and cardiovascular workout on one machine. Multiple options and accessories add to their versatility.

PRO Series products, with their adjustable features and accessibility, are the No. 1 choice of rehabilitation and physical therapy professionals. Durable PRO Sport products offer the get-on-and-go convenience popular in many facilities. The PRO Series delivers safe, accommodating resistance that mirrors the wattage the user exerts to meet them where they are.



**MAKE EVERY
MOVE A VICTORY**



Premium seat features a 23° range of recline.



PRO2® TOTAL BODY

The industry's most versatile rehabilitation tool, the PRO2® is an upper-body exerciser and lower-body recumbent bike in one for a total-body solution.

- Dependent motion allows stronger extremities to assist weaker ones
- Adjustable upper and lower cranks: 3 length settings
- Easy access with true, adjustable step through
- Removable seat for wheelchair accessibility
- Premium, standard and bariatric seat options
- 360° therapist assist pedals on seats
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program
- Very low starting resistance

+ See final pages for complete specs



FINDING BALANCE



Unique lateral motion strengthens stability muscles from a sitting position.



LATITUDE™ LATERAL STABILITY TRAINER

The Latitude trainer helps people of all fitness levels build the muscles and confidence to stay active – in an easy-to-use, engaging way.

- Bi-directional circular motion activates muscles used for stability and side-to-side movements
- Builds the right muscles to help reduce the risk of falls
- Oversized, orthopedic foot pads with heel cups and foot straps add safety, comfort and visibility
- 191 levels of resistance, adjustable in .1 increments
- Step-through accessibility and highly adjustable seat that removes for wheelchair access

+ See final pages for complete specs



**EQUIPMENT THAT
ADJUSTS TO PEOPLE,
NOT THE OTHER
WAY AROUND**



Seat removes easily for direct wheelchair access.
Americans with Disabilities Act compliant.



STEPONE™ RECUMBENT STEPPER

Highly adjustable and accommodating, StepOne provides a smooth, total-body functional movement.

- Arm-to-leg movement encourages activities of daily living like climbing stairs
- User-defined stride with Intelli-Stride™ feedback for safe progressions
- Low starting resistance with 191 levels of resistance
- Arm length and hand grip rotation adjustment
- Premium, standard and bariatric seat options

+ See final pages for complete specs





ACCESSORIES

PRO SERIES



Wheelchair Platform, A1180
Provides a sturdy foundation with tethers for stabilization. *(Standard on PRO1)*

PRO1000 and PRO2



Heavy-Duty Wheelchair Ramp, A4098
Approximately 1½"/38 cm high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation. *(Standard on Inclusive Fitness version of PRO1 and PRO2)*

PRO1, PRO2 and PRO1000



External Rotation Device, A2974
Perfect rehab complement to PRO1 and PRO1 Sport upper-body exercisers. Strengthens internal and external rotators in one exercise.

PRO1 and PRO1 Sport



Assist Gloves, Pair P3981
Designed for individuals who require help gripping the hand cranks. Made of a heavy-duty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

All PROs

TREADMILLS



Treadmill Step, P3970
Easily enter and exit the treadmill with this 6"/15 cm high step. Non-slip safety strips, anti-tip design.

AC5000 and AC5000M



UPRIGHT AND RECUMBENT BIKES



Adjustable Cranks, Pair P4313
Three adjustments (5", 6" and 7" /12 cm, 15 cm, 17 cm) for variable range of motion. Accommodates variable user heights.

ISO1000, ISO7000, ISO1000R and ISO7000R



Low Support Boots, Pair P3245
Keeps the foot on the pedal with sturdy straps around the back, top and front of the foot.

All upright and recumbent bikes



Straight Grips, A2253
A good option for individuals who have spasticity, weakness or tremors in their upper extremities.

ALL PROs (except Sport models)



Low Support Boots, Pair A3248
Keeps the foot on the pedal with sturdy straps around the back, top and front of the foot.

PRO2



PRO2 Leg Stabilizer, Pair S6413
Provides comfort and stabilization for users with leg weakness or spasticity. Durable steel construction with padded calf cuff. Large footbed with straps for secure foot placement. Easy installation.

PRO2

RECUMBENT ELLIPTICALS



Foot Straps, Pair A3506
Keeps the feet securely in place. Oversized and adjustable. *(Standard on REX7001)*

REX7000



HELPING PEOPLE
MOVE IN THE
RIGHT DIRECTION



ACCESSORIES (cont.)

RECUMBENT STEPPERS & LATERAL STABILITY TRAINER



Wheelchair Platform, S5587
Provides a sturdy foundation with tethers for stabilization.

StepOne and Latitude



Heavy-Duty Wheelchair Ramp, A4098 + A5585
Approximately 1½"/38 cm high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation.

StepOne and Latitude

ALL PRODUCTS



Wall Pack Transformer (AC Adapter), P4861 – US and Canada P5209 – outside of US and Canada
18-volt adapter allows self-generating units to be plugged in, so their console remains lit and displays data for longer. (Standard on StepOne, PRO1, PRO2, PRO1000, ISO1000R, ISO7000R, and REX7001)

All products except treadmills



Polar® Chest Strap Transmitter, 65190
Transmits heart rate directly to console. Wireless.



Assist Gloves, Pair P3981
Designed for individuals who require help gripping the hand cranks. Made of a heavy-duty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

StepOne



StepOne Leg Stabilizer, pair S5619
Provides comfort and stabilization for users with leg weakness or spasticity. Durable steel construction with padded calf cuff. Easy installation.

StepOne



Seat Belt, S6466
Optional seat belt for added security and stability. Easy to attach and remove. Storage pouch included. Fits Premium seat only (except REX).



Prescribed for Progress™

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