

# ULTRA LIGHT ROLLING WALKER

## USER INSTRUCTIONS & WARRANTY

### Contents

- Ultra Light Rolling Walker Features
- Rollator Components
- Safety Instructions
- Assembly Instructions
- Rear Wheel Assembly
- Front Wheel Assembly
- Brake Handle Assembly
- Backrest Assembly
- Operating Instructions
- Maintenance



## Rear Wheel Assembly

1. Turn wheel so that it is facing outside of rollator (**see Figure A**).
2. Insert wheel to desired height depicted by numeric holes (**see Figure B**) and use chart below for recommended height settings.
3. Insert triangular hand screw into hole on same side of wheel so that the triangular hand screw stays outside of rollator frame (**see Figure C**).
4. Tighten triangular hand screw (**Important: Hand Tighten Only!**) until secure (**see Figure C**).
5. Repeat steps 1-4 for other rear wheel.

**CAUTION:** Legs must be assembled with the wheels and brake shoes on the outside **ONLY**. Wheels or brake shoes **MUST NOT** be on the inside of the rollator.



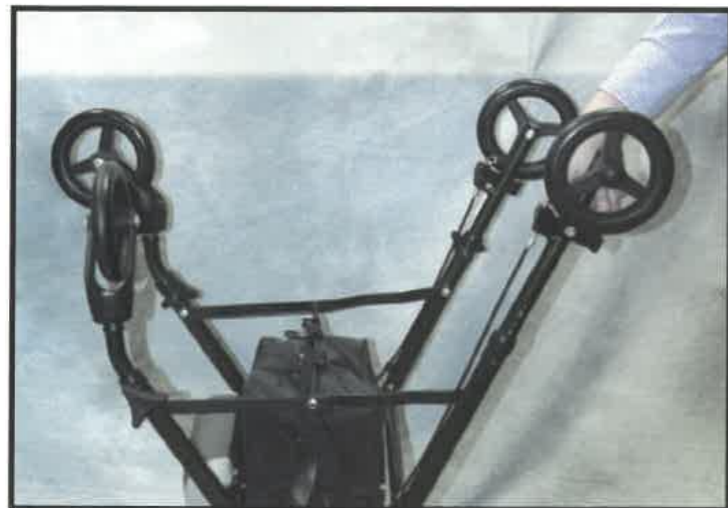
Figure A



Figure B



Figure C



### Recommended Height:

Your feet should comfortably touch the ground when you are seated on rollator.

### Height Range:

Under 5' (152 cm)	Hole 1 or 2
5'1"-5'6" (155-170 cm)	Hole 3 or 4
5'7" (173 cm) and over	Hole 5 or 6

**Note:** These are only recommended heights, as each individual is built differently.

## Front Wheel Assembly

1. When inserting front wheel make sure **FRONT** sticker is pointed toward the front and away from rollator (**see Figure A**).
2. Insert wheel to desired height depicted by numbered holes (set to the same number as rear wheels) (**see Figure B**).
3. Place triangular hand screw into hole. Make sure triangular hand screw stays outside of rollator frame (**see Figure B**).
4. Tighten triangular screw (**Important: Hand Tighten Only!**) until secure (**see Figure C**).
5. Repeat steps 1-4 for other front wheel.



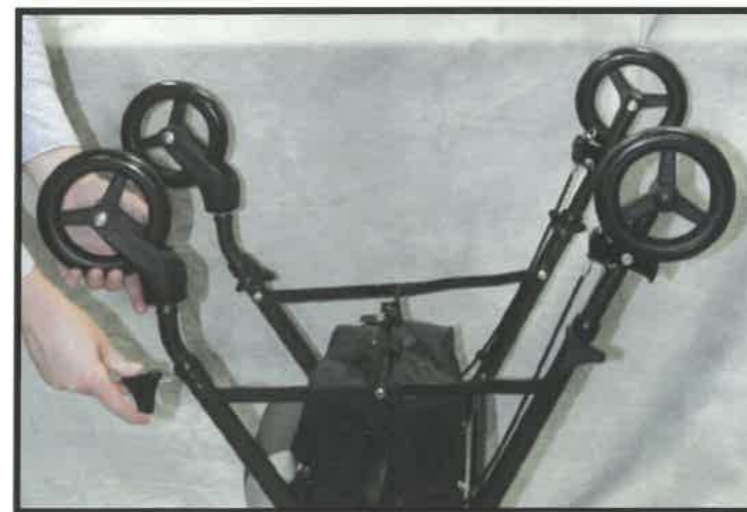
Figure A



Figure B



Figure C



## Brake Handle Assembly

1. Insert hand grip into appropriate hole (see Figure A and chart below).  
**Note:** Keep brake cable on outside of rollator.
2. Insert triangular hand screw into hole on outside of rollator frame (see Figure B).  
**(Important: Insert hand screw into one of the 4 holes provided. DO NOT put hand screw in open slot at end of hand grip!)**
3. Hand tighten screw until secure (see Figure C). **(Important: Hand Tighten Only!)**
4. Repeat steps 1-4 for other hand grip.

### Ultra-Light Rollator Hole Measurements:

#### Arm Height

	Hole 1	Hole 2	Hole 3	Hole 4
Hole 1	29 1/4" (74.3)	30 1/4" (76.8 cm)	31" (78.7 cm)	32" (79.4 cm)
Hole 2	30 1/2" (77.5 cm)	31 1/4" (79.4 cm)	32" (79.4 cm)	32 3/4" (83.2 cm)
Hole 3	31 1/4" (79.4 cm)	32" (79.4 cm)	32 3/4" (83.2 cm)	33 1/2" (85 cm)
Hole 4	32" (81.3 cm)	33" (83.8 cm)	33 3/4" (85.7 cm)	34 1/2" (87.6 cm)
Hole 5	32 3/4" (83.2 cm)	33 1/2" (85 cm)	34 1/2" (87.6 cm)	35 1/4" (89.5 cm)
Hole 6	33 3/4" (85.7 cm)	34 1/2" (87.6 cm)	35 1/4" (89.5 cm)	36 1/4" (92.1 cm)

Leg Height



Figure A



Figure B



Figure C

Seat height adjustable from 19 1/4" to 23 1/4" (48.9 to 59.1 cm)  
Handle height adjustable from 29 1/4" to 36 1/4" (74.3 to 92.1 cm)

**To determine proper height**, stand upright behind the rollator with shoulders relaxed, arms hanging at your side and eyes looking straight ahead. Standing in current position, the hand grips (A) of the rollator should be adjusted to a height even with the wrists. This will position the arms at an approximated 20 to 30 degree bend when using the rollator. Secure the wheels to the closest hole to the desired height. Insert and tighten the triangular hand screws until secure. **(Important: Hand Tighten Only!)**



## Assembly Instructions

**WARNING:** Failure to follow these instructions may result in injury.

1. Carefully remove the rollator components from the shipping carton. Refer to diagram (Figure 1) as needed.
  - 1 Rollator Frame
  - 6 Triangular Hand Screws
  - 1 Bag
  - 2 Front Wheels
  - 2 Rear Wheels
  - 1 Backrest with Push-Buttons
  - 2 Hand Grips with Brake Assembly
2. Examine all parts for shipping damage. **DO NOT** use the rollator if there is apparent damage or if any parts (other than the bag) are missing. If there are missing or damaged parts, please call Medline Customer Care toll free at 1-800-MEDLINE.
3. Check all of the wheels to see that they are in good working order and roll freely. Remove plastic cover from the wheels before use.
4. Unfold the Guardian Rollator by pushing down on the Folding Hinge (G): Figure 1, pg 4 until the frame is in full extension.



## Safety Instructions

- **DO NOT** use this product without first reading and understanding the instructions contained in this booklet. If you are unable to understand the warnings, cautions, or instructions, contact a healthcare professional, dealer, or technical personnel before use otherwise serious bodily injury and/or damage to the rollator may occur.
- Consult with your doctor, physical, or occupational therapist or other qualified professionals to assure the proper height adjustment.
- **DO NOT USE THE ROLLATOR AS A WHEELCHAIR.**
- **DO NOT** attempt to move the rollator while you or anyone is sitting on the seat.
- **DO NOT** self-propel the rollator while seated.
- Serious injury to you and/or damage to the rollator walker frame or wheels may result from improper use.
- **DO NOT** use the seat to transport people or objects. **DO NOT** use the seat to carry or move anything.
- **DO NOT** sit on the rollator while it is being loaded into a vehicle or while it is being transported in a vehicle.
- **DO NOT** exceed the maximum weight capacity (including bag contents) or serious injury could result: **Maximum weight capacity: 250 lbs (113 kg)**
- Before each use make sure the rollator frame is fully opened.
- Check the brakes for proper operation. Make sure that all parts are secure and that moving parts are in good working order. Wheels should roll and not wobble.
- All wheels must be in contact with the floor and/or ground at **ALL TIMES**. This will ensure the rollator is properly balanced.
- The brakes **MUST** be in the locked position **BEFORE** sitting on the seat.
- **DO NOT** sit on the walker if the ground is sloped or uneven.
- **DO NOT** use the rollator to walk backwards, down gradients or to climb stairs, curbs, or to go over obstacles. Serious risk of fall or injury may occur.
- **DO NOT** perform any adjustments to the rollator while it is in use.
- Only use accessories and spare parts authorized by Medline Industries, Inc.
- **DO NOT** push rollator while brakes are enabled. Brakes are used to keep the wheels from rolling. But it may not prevent the rollator from moving if it is pushed.
- **DO NOT** use the rollator to provide assistance while rising from a lower position. If you use it to pull yourself up to a standing position, the rollator may move even if the brakes are in the locked position and this could result in a fall.
- Inspect the handle bar grips prior to use. Assure the plastic parts are still functional if they are exposed to extreme temperatures (above 100°F (38°C) or below 32°F (0°C) high humidity and/or become wet.
- **DO NOT** twist hand grips as they are not meant to be twisted. Failure to do this could result in a fall.
- **DO NOT** hang anything from the frame of the rolling walker other than the tote bag accessory. The tote bag has a weight limitation of 10 lbs (4.5 kg). Items should be placed completely in the tote bag and should not protrude. This may cause the rollator to tip, resulting in bodily injury or rollator damage.
- **DO NOT** use rollator like a kneewalker or scooter. This device should only be used for assistance to walk, not hop or any other type of mobility.
- The backrest is intended to provide back support as you sit on the seat. The backrest is not intended to support full weight. Avoid leaning while sitting as this may result in fall.

## Backrest Assembly

1. Insert backrest into designated slot so that push-buttons are facing outward **(see Figure A)**.
2. Push buttons in and continue to insert backrest until buttons securely lock into holes **(see Figure B)**.

**Notes:** Make sure the brakes are locked before you lean against backrest. Make sure push-buttons are firmly protruding before leaning against backrest.

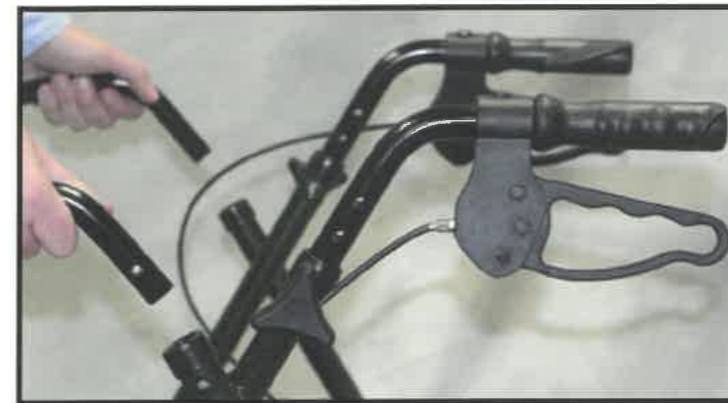


Figure A



Figure B

## Operating Instructions

### Opening the Rollator

Push down on the seat (C): Figure 1, pg 4 until all four wheels are extended out and the seat is completely flat. Before using the rollator make sure that all four wheels make contact with the floor and the rollator is stable in the open position.

### Folding the Rollator

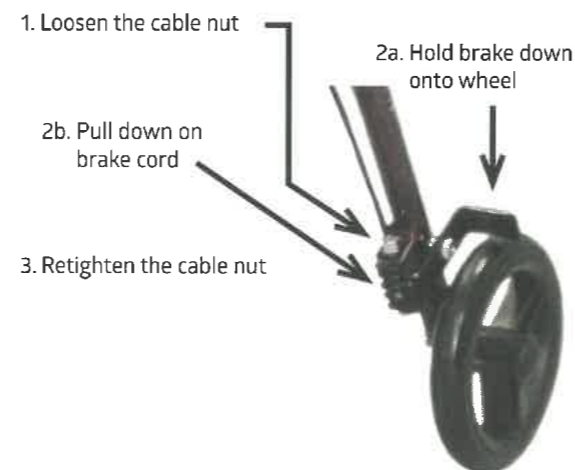
- For more compact storage, remove bag and the backrest.
- Pull up on the bar under the seat until the rollator closes.

### Checking the Brakes

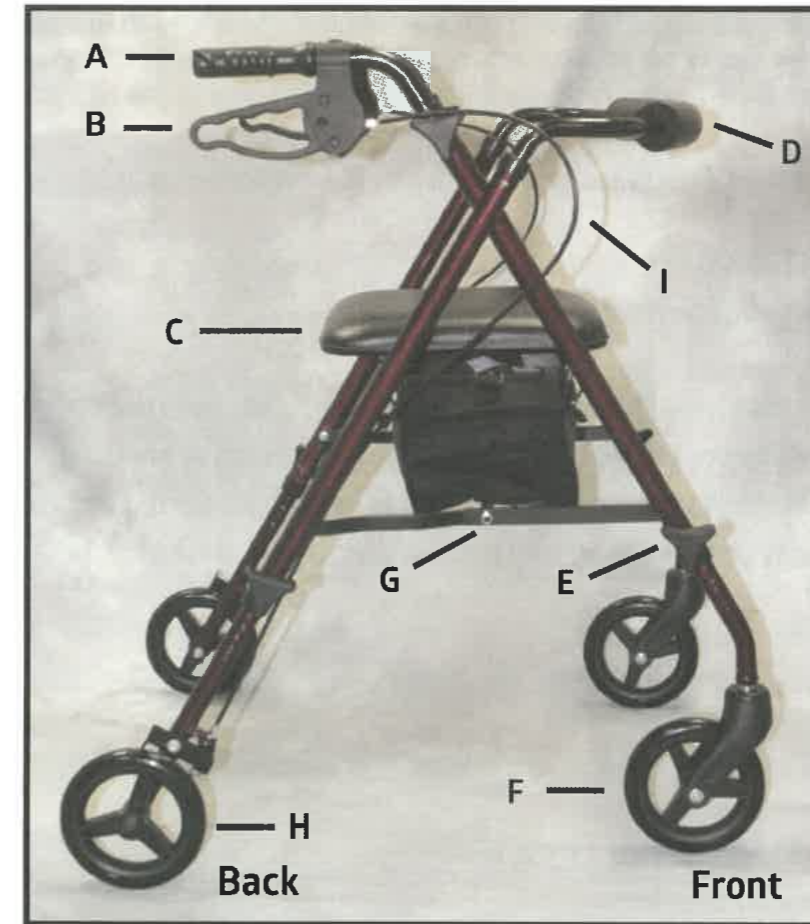
- Before each use, check to make sure the brakes are working properly.
- Applying pressure on the brake handles by squeezing the brake up, will stop the wheels momentarily.
- Pushing down on the brake handles will lock the wheels in place permanently.

### Adjusting the Brakes

1. Loosen the cable nut.
2. While holding the brake down onto the wheel, pull down on the brake cord to lengthen the brake cable.
3. Retighten the nut. Retest and repeat as necessary for good brake function.



## Rollator Components



**Figure 1**  
Assembled Ultra-Light Rollator

- A. Hand Grips
- B. Hand Brake Lock
- C. Padded Seat
- D. Padded Backrest
- E. Triangular Hand Screw
- F. 5.5" (14 cm) Front Wheels
- G. Folding Hinge
- H. 5.5" (14 cm) Rear Wheels
- I. Brake Cable



**Figure 2 (E)**  
Triangular Hand Screw



**Figure 3 (A & B)**  
Hand Brakes

## Ultra Light Rolling Walker

Congratulations on purchasing on our rollators.  
With proper assembly, the rollator will provide years of great performance.



- Weighs only 11 lbs (5 kgs)!
- Height adjustable (junior-standard)
- Removable nylon carry-all Bag
- Hand brakes lock for safety
- 5.5" (14 cm) wheels for smooth ride
- Swivel front wheel for easy maneuvering

### Height Measurements

- Seat Height Adjustable from 19.25" to 23.25" (48.9 to 59 cm)
- Handle Height Adjustable from 29.25" to 36.25" (74.3 to 92.1 cm)

## Operating Instructions

### Using the rollator as a walker:

For proper positioning and use of your rollator, imagine a line drawn across the back of the rear wheels. Part of one foot should be slightly ahead of that line as you walk.

### Using the rollator as a seat:

- Push the rollator into the position where you want to sit.
- **LOCK** the brakes **BEFORE** sitting.

### To Operate the Brakes:

- To slow down, squeeze the brake handles up.
- To lock the brakes, push down on the brake handles until you feel or hear the brakes click into locked position. If the brakes have been adjusted but the rear wheels on the rollator move while the brakes are in the locked position, **DO NOT** use the rollator.
- To release the brakes from the locked position, simply pull up on the brake handles.

### Safety Warnings: Also See Instructions

Before using the seat portion of your rollator, **ALWAYS** lock the brakes **FIRST**. **DO NOT** navigate/self-propell the rollator while sitting on the seat. The brakes should always be locked when the seat is being used. Risk of fall and/or serious injury may result if brakes are **NOT** locked while the user is sitting on the seat.

## Maintenance

Your Guardian rollator should be checked periodically to ensure the brakes are functioning properly and that all nuts and bolts are secure.

Periodically test the brakes by both walking and squeezing the brakes and by stopping, pushing down on the brakes to a locked position, and then trying to push the walker. If the brakes do not lock the wheels, the brakes need to be adjusted. If adjustment does not tighten the brakes, **DO NOT** use the rollator.

## Warranty

All products have a warranty for parts & labour for a period of 1 year from date of purchase, unless otherwise specified.

This warranty is for normal domestic use only and excludes any defect or injury caused by or resulting from misuse, abuse, neglect, accidental damage, improper voltages, vermin infestation, or any other alteration that affects the reliability or performance of the unit, not attributable to faulty manufacture, parts or labour.

**The warranties hereby conferred to, do not extend to any costs associated with the delivery, handling, freighting or transportation.**

If a warranty service is required: a copy of the purchase receipt should be enclosed as proof of purchase.

**Warranty does not include any freight to & from the user or insurer.**

Items affected by normal wear and tear are not covered by warranty. This includes, but is not limited to wear of tyres, wheels and bearings, seat and backrest upholstery, hand grips, bag/basket, break cables and break shoes.

Breakages and Injuries caused as a result of an attendant pushing an occupant on a wheeled walking aid (similarly to a wheelchair) is extremely dangerous and will not be covered by warranty.