



The Sleep Test Clinic

SLEEP WELL

LIVE BETTER

Sleep disorders affect millions of people in Australia. It is highly likely that we all know of at least one person being treated for Sleep Apnea, but studies show up to 90% remain undiagnosed.

Excessive daytime sleepiness is a common indicator, coupled with Risk Factors including;

- * Age (older than 50)
- * Gender (males are at higher risk)
- * Being overweight (BMI over 35)
- * Narrow airways / snoring loudly
- * Recessed chin
- * Family history

Associated health risks for undiagnosed sufferers include;

- * Hypertension (high blood pressure)
- * Stroke
- * Gastric Reflux (GORD)
- * Diabetes
- * Depression

Our mission is to provide patients with easy and stress free access to state of the art Sleep Apnea testing in the comfort of their own home.

Should Sleep Apnea be confirmed, we will guide and support patients every step of the way, providing options and access to the most cost effective, sleep therapy solutions available.

Please call or visit our website for more details...

Phone (02) 8404 9449

www.sleepstest.clinic