



Best selling resistive exercise products for physical therapy clinics and departments.



Access Health

03 9878 1399
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www.accesshealth.com.au

**LATEX FREE.
ODOUR FREE.
NO POWDER.**

The REP Band is our bestselling product into physical therapy clinics and departments.

Simply pull out the length of band you need and cut. It is as simple as that!

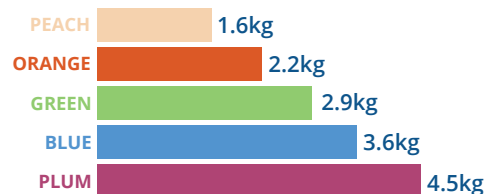
Offering five levels of progressive resistance, REP Band products make it easy for each individual user to begin at the appropriate level of resistance and progressively increase the intensity of the exercise by increasing the resistance level of the REP Band.

KEY FEATURES

- Has **NO** latex. It is made from especially engineered co-polymer
- Has no powder and no offensive rubber odour
- Has a consistent linear resistance that is more physiologically correct
- Has an indefinite shelf life - does not breakdown over time
- Can be used in hydrotherapy pools



REP Band Resistance Levels



Kilograms of Force at 100% Elongation

ITEM CODE - 5.5m (6 Yards)

- (IS2805) ● Level 2 - Orange
- (IS2905) ● Level 1 - Peach
- (IS2910) ● Level 3 - Green
- (IS2915) ● Level 4 - Blue
- (IS2920) ● Level 5 - Plum

ITEM CODE - 45m (50 Yards)

- (IS2855) ● Level 1 - Peach
- (IS2860) ● Level 2 - Orange
- (IS2865) ● Level 3 - Green
- (IS2870) ● Level 4 - Blue
- (IS2875) ● Level 5 - Plum

**AVAILABLE IN
5.5 METRES &
45 METRES**



BPA FREE. GLUTEN-FREE.

The **REP Band Tubing** are progressive resistance exercise products used for rehabbing muscle and joint injuries, work hardening programs, and aerobic and aquatic exercise programs.

REP Band products play an integral part in these simple but effective programs to strengthen muscles and increase endurance.

KEY FEATURES

- Has **NO** latex. It is made from especially engineered co-polymer
- Has no powder and no offensive rubber odour
- Has a consistent linear resistance that is more physiologically correct
- Has an indefinite shelf life - does not breakdown over time
- Can be used in hydrotherapy pools



**AVAILABLE IN
7.6 METRES &
30.5 METRES**

ITEM CODE - 7.6m (25ft)

(IS2715) ● Level 2 - Orange

ITEM CODE - 30.5m (100ft)

(IS2705) ● Level 1 - Peach

(IS2710) ● Level 2 - Orange

(IS2720) ● Level 3 - Green

(IS2725) ● Level 4 - Blue

(IS2735) ● Level 5 - Plum



INDICATIONS

- Sport injury prevention and rehabilitation, especially strengthening of the Deltoid muscle to protect the Rotator Cuff
- Low back pain
- Osteoporosis
- Obesity and weight control
- Sarcopenia (ie, a loss of skeletal muscle mass)
- Diabetes
- Impaired physical function in frail and elderly persons



ALL LEVELS.

The ergonomically-shaped Eggsercizer Hand Exerciser provides an effective means to rehabilitate and strengthen fingers, hands and wrists. With regular use of the hand exerciser, your patients can improve grip strength, increase dexterity, mobility, develop motor skills, and improve circulation.

Small and easy to use, it can be used anytime, anywhere, increasing patient compliance.



HOT OR COLD THERAPY

Heating the Eggsercizer in a container of warm water for 3 to 4 minutes prior to activities can improve peripheral circulation in the hand and fingers by affecting the widening of the blood vessels within the muscular system. Chilling the hand exerciser in the refrigerator can reduce hand swelling and desensitize painful areas.

**CAN BE
HEATED AND
CHILLED!**

APPLICATIONS



Pinch Grip



Finger Flexion



Grip Strength



Finger Adduction



Thumb Flexion

INDICATIONS

- Muscle Strength Improvement
- Grip Strengthening
- Rheumatoid Joint Loosening
- Sport Strength Training
- Stress Reduction
- Repetitive Stress Injury
- Arthritic fingers, hands, and wrists
- Aging hands and arms
- Post-operative and post-traumatic hands and arms
- Stroke patients
- Carpal tunnel

ITEM CODE

- (IS3305) ● Extra Soft - Orange
- (IS3310) ● Soft - Green
- (IS3315) ● Medium - Blue
- (IS3320) ● Firm - Plum

**WITH FOUR
COLOUR-CODED
DENSITIES!**

ALL LEVELS.

LATEX FREE. NON TOXIC.

Each colour-coded putty has a different consistency.

4 Levels which have 4 resistances.

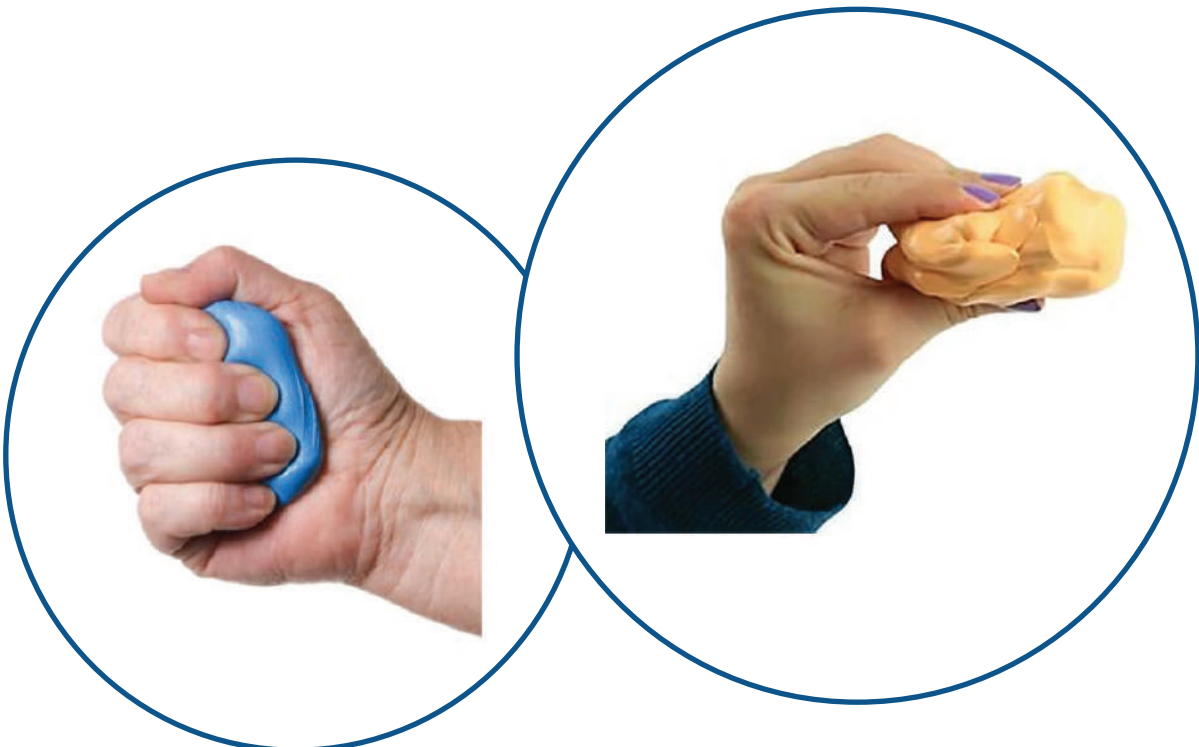
ITEM CODE - 80gm

- (IS2605) ● Level 1 Extra Soft - Peach
- (IS2610) ● Level 2 Soft - Orange
- (IS2615) ● Level 3 Medium - Green
- (IS2620) ● Level 4 Firm - Blue

ITEM CODE - 2.5kg

- (IS2630) ● Level 1 Extra Soft - Peach
- (IS2635) ● Level 2 Soft - Orange
- (IS2640) ● Level 3 Medium - Green
- (IS2645) ● Level 4 Firm - Blue

AVAILABLE IN
80 GRAMS &
2.5KG





Access Health

With over 40 years supporting Hospitals, Aged Care, Community Healthcare and Private Practice, Access Health is a leading supplier of healthcare and rehabilitation equipment in Australia. We take pride in delivering a personal service and supporting our customers to meet their requirements across a wide range of quality products.

We are ISO 9001 certified, and a NDIS official provider.



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