



**PRODUCT** CATALOGUE



**SPORT | FITNESS | WELLNESS**

# COMPEX RANGES

## MUSCLE STIM

## THERAPY

## BRACING & SUPPORTS

**COMPEX MUSCLE STIM** trains your muscles in a way that traditional workouts alone cannot. It is a "best kept secret" that many elite athletes and fitness enthusiasts use to enhance their workouts, training and recovery programs.

Muscle Stim is not a miraculous technique, it is very simple and precisely reproduces the processes that occur when our brain orders muscles to contract by sending electric pulses to your motor nerves in order to create muscle contractions. It respects how our body works.

### PAULINE FERRAND-PREVOT

Professional Cyclist  
6x World Champion



**COMPEX THERAPY RANGE** offers the latest technology for prevention, activation and/or recovery.



### COMPEX BRACING

utilizes the robust product portfolio of DJO/DONJOY to build technical bracing, compression and supports for the athlete seeking to maximize their performance.



# MUSCLE STIM

## TRAINING

- Improve muscle strength
- Optimize training
- Prevent injuries

## RECOVERY

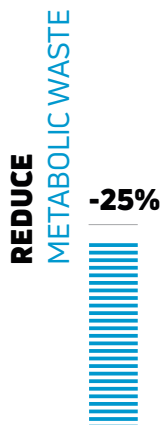
- Reduce muscle soreness
- Recover after training
- Reviving massage

## WELLNESS

- Sculpt your body
- Tone your muscles
- Shape your body
- Relax

## PAIN RELIEF

- Reduce muscle tension
- Relieve muscular and joint pains
- Reduce heavy legs
- Treat tendinitis



\* Scientific studies available on [complex.com](http://complex.com)



Equipped with unique MI (muscle intelligence) technology, Compex stimulators adapt to each of your muscles to provide the most effective electrostimulation possible, while offering greater comfort and better performance.

**MI-SCAN** Scans the muscle and automatically adjusts stimulator parameters to your physiology

**MI-TENS** Makes it easier to adjust stimulation levels for pain relief programs to ensure optimal results

**MI-AUTORANGE** A brand new feature that enables your Compex module to determine the most appropriate level of stimulation automatically

**MI-ACTION** Optimizes session effectiveness by combining voluntary contractions with muscle stimulated contractions, giving you total control over your workout

**MI-RANGE** Indicates the optimal level of stimulation to use for Recovery and Massage programs





# MUSCLE STIM **SPORT**



**WOD EDITION**



**SP 8.0**



## SP **8.0** + **WOD** EDITION

**RECOVER FASTER, ENHANCE PERFORMANCE, STRENGTH AND ENDURANCE, HELPS AVOID INJURY AND MANAGE PAIN**

Our top of the range wireless stimulator designed for athletes who train and compete on a regular basis. SP 8.0 includes our brand new MI-Autorange feature that continually brings you better results. **WIRELESS TECHNOLOGY**



## SP **6.0**

**IMPROVES STRENGTH AND RESTORES MUSCLE VOLUME, HELPS RELAX AND RECOVER FASTER**

For dedicated athletes, SP 6.0 includes all the electrostim functions, but with wireless features for freedom of movement. Its easy-to-use color screen includes electrode placement! **WIRELESS TECHNOLOGY**



## SP **4.0**

**IMPROVES STRENGTH AND RESTORES MUSCLE VOLUME, HELPS RELAX AND RECOVER FASTER**

Includes all the basic electrostimulation features and MI-technology, SP 4.0 also offers rehabilitation programs that can be helpful for athletes with frequent injuries who practice their activity 3 times per week. **WIRED TECHNOLOGY**



## SP **2.0**

**TONES THE MUSCLES, SCULPTS THE BODY, HELPS RELAX AND RECOVER FASTER**

With all the basic electrostimulation features and MI-technology, SP 2.0 is the ideal partner for athletes who practice their activity 1 or 2 times per week. **WIRED TECHNOLOGY**

## MUSCLE STIM **FITNESS**



### FIT **5.0**

**DEVELOPS YOUR MUSCLES, SCULPTS YOUR BODY AND HELPS YOU RELAX**

Fit 5.0 is the ultimate product in the range, as it also includes Comex wireless technology. Delivered with 2 stimulation modules, Fit 5.0 is also modular, with the option to add 2 additional modules for even more effective performance. **WIRELESS TECHNOLOGY**



### FIT **3.0**

**RESTORES STRENGTH AND MUSCLE TONE WHILE RELIEVING PAIN**

Including MI-technology as well as all the basic electrostimulation features, Fit 3.0 also offers massage programs for fitness fans who practice their activity 3 times per week. **WIRED TECHNOLOGY**



### FIT **1.0**

**SCULPTS THE BODY, TONES THE ABS AND RELIEVES PAIN**

The stimulator for fitness and health fans who practice their activity 1 to 2 times per week. **WIRED TECHNOLOGY**

## MUSCLE STIM **SPORT & FITNESS**



### COMEX **MINI**

**FITNESS, RECOVERY AND PAIN RELIEF FOR EVERYBODY**

Wireless, mobile-connected muscle stim device. Connecting to your smartphone via Bluetooth, the Comex Mini wireless muscle stim device and TENS machine was created to help everybody embrace their fitness, recovery and pain management, whether on the go, in the gym or at home



# MUSCLE STIM PROGRAMS

## CONDITIONING

	FIT 1.0	FIT 3.0	FIT 5.0	MINI	SP 2.0	SP 4.0	SP 6.0	SP 8.0	SP 8.0 wob
	0	0	0	3	7	10	10	13	13
<b>ENDURANCE</b> To improve performance for endurance sports				•	•	•	•	•	•
<b>RESISTANCE</b> To improve ability to provide sustained effort				•	•	•	•	•	•
<b>STRENGTH</b> To increase maximum strength and speed of muscle contraction					•	•	•	•	•
<b>EXPLOSIVE STRENGTH</b> To improve explosivity					•	•	•	•	•
<b>MUSCLE BUILDING</b> To increase muscle tone and volume					•	•	•	•	•
<b>WARM-UP</b> To prepare muscles before a competition				•	•	•	•	•	•
<b>CAPILLARISATION</b> To increase blood flow					•	•	•	•	•
<b>CROSS-TRAINING</b> To train different muscles to work through different working sequences						•	•	•	•
<b>CORE STABILISATION</b> To strengthen the abs and lower back						•	•	•	•
<b>HYPERTROPHY</b> To significantly increase muscle volume						•	•	•	•
<b>OVERCOMPENSATION</b> To improve endurance or muscle resistance in precompetitive phase								•	•
<b>ANKLE TWIST PREVENTION</b> To improve ankle strength								•	•
<b>POTENTIATION</b> To prepare muscles before competition (short distance)								•	•

## PAIN MANAGEMENT

	1	8	10	2	6	8	8	10	10
<b>PAIN MANAGEMENT TENS</b> To alleviate all types of localised pain	•	•	•	•	•	•	•	•	•
<b>REDUCE MUSCLE TENSION</b> To decrease muscle tension		•	•	•	•	•	•	•	•
<b>MUSCLE PAIN</b> To create analgesic actions to block pain		•	•		•	•	•	•	•
<b>BACK PAIN</b> To reduce pains in the back		•	•		•	•	•	•	•
<b>HEAVY LEGS</b> To eliminate heavy leg sensation		•	•		•	•	•	•	•
<b>CRAMP PREVENTION</b> To prevent cramps		•	•		•	•	•	•	•
<b>NECK PAIN</b> To reduce pains in the neck		•	•			•	•	•	•
<b>TENDINITIS</b> To decrease persistent tendinitis pains		•	•			•	•	•	•
<b>LUMBAGO</b> To block the transmission of acute lower back pain			•					•	•
<b>EPICONDILITIS</b> To decrease persistent elbow pains			•					•	•

# MUSCLE STIM PROGRAMS

## FITNESS

	FIT 1.0	FIT 3.0	FIT 5.0	MINI	SP 2.0	SP 4.0	SP 6.0	SP 8.0	SP 8.0 w/od
	8	9	14	0	4	5	5	10	10
<b>FIRM YOUR ARMS</b> To recover muscle firmness	•	•	•		•	•	•	•	•
<b>STONE YOUR THIGHS</b> To work on toning thighs	•	•	•		•	•	•	•	•
<b>FIRM YOUR STOMACH</b> To regain a slimmer waist	•	•	•		•	•	•	•	•
<b>SHAPE YOUR BUTTOCKS</b> To tone and firm buttocks	•	•	•		•	•	•	•	•
<b>GET A 6-PACK</b> To strengthen and tone the abs	•	•	•			•	•	•	•
<b>BUILD YOUR PECS</b> To increase pecs muscle volume	•	•	•					•	•
<b>GET STRONGER BICEPS</b> To increase biceps muscle volume	•		•					•	•
<b>LYMPHATIC DRAINAGE</b> To treat swelling of the feet and ankles		•	•					•	•
<b>BUILD YOUR SHOULDERS</b> To increase shoulder muscle volume			•					•	•
<b>BODY POWER</b> To improve muscle strength with a slight increase in volume			•					•	•
<b>MUSCLE BUILDING</b> To increase muscle tone and volume		•	•						
<b>CAPILLARISATION</b> To increase blood flow		•	•						
<b>CROSS-TRAINING</b> To train different muscles to work through different working sequences			•						
<b>WARM-UP</b> To prepare muscles before a competition			•						

## RECOVERY/MASSAGE

	1	2	4	1	3	5	5	5	5
<b>RELAXING MASSAGE</b> To generate a relaxing effect	•	•	•		•	•	•	•	•
<b>TRAINING RECOVERY</b> To recover after physical effort			•	•	•	•	•	•	•
<b>REDUCE MUSCLE SORENESS</b> To reduce duration and intensity of muscle soreness			•		•	•	•	•	•
<b>REVIVING MASSAGE</b> To relieve feelings of tiredness		•	•			•	•	•	•
<b>COMPETITION RECOVERY</b> To recover after intense muscle fatigue						•	•	•	•

## REHABILITATION

	0	1	2	0	0	2	2	2	2
<b>MUSCLE ATROPHY</b> To restore muscles that have been inactive for a long period of time		•	•			•	•	•	•
<b>REINFORCEMENT</b> To complete rehabilitation once the muscles have been restored			•			•	•	•	•

## TOTAL PROGRAMS

10	20	30	6	20	30	30	40	40
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# MUSCLE STIM **ACCESSORIES**



**RIGID TRAVEL CASE**



**PROTECTION SLEEVE**  
• With lanyard for wireless units



**PROTECTION SLEEVE**  
• For wired units



**TRAVEL POUCH**



**2 WIRELESS MODULES**  
• For Complex Fit 5.0



**ELECTRODE GEL AND MOTOR POINT PEN**



**ELASTIC STRAPS**



**BLACK ELECTRODES 50x50mm**  
• 1 snap (Easysnap™ Performance)



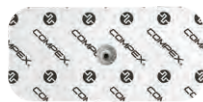
**BLACK ELECTRODES 50x100 mm**  
• 1 snap (Easysnap™ Performance)



**BLACK ELECTRODES 50x100 mm**  
• 2 snap (Easysnap™ Performance)



**WHITE ELECTRODES 50x50 mm**  
• 1 snap (Easysnap™ Performance)



**WHITE ELECTRODES 50x100 mm**  
• 1 snap (Easysnap™ Performance)



**WHITE ELECTRODES 50x100 mm**  
• 2 snap (Easysnap™ Performance)



**TRAINING GUIDES**  
• (marathon, cycling, triathlon, etc.)



# COMPEX APP

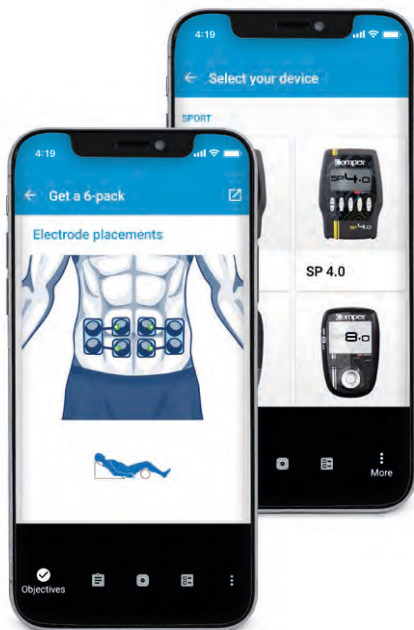
Complex Coach App will guide you to set up your objectives, help you plan your training and remind you when to have your next Complex session. You can also easily share your sessions with your friends.



## FEATURES

- Track your progress with our brand new Workload Score when you choose a muscle strengthening or performance objective on our Conditioning programs
- Find an objective that fits your needs (like Prepare for a marathon, triathlon or cycling race, Treat back pain or tendinopathy, Increase your strength...) and set up your plan to reach it
- Shows you the correct electrode placements
- Displays precise images of electrodes placements and position on the body according to the programme
- Explains how to manage the stimulation intensity according to the programme
- Provides you with full details of each Complex programme (description, usages, effects, stimulation intensity, electrodes placements)
- Explains how muscle stimulation works

This app does not control your Complex device, it is meant to be used as a management tool.



# COMPEX **RECOVERY SELECTION**

Complex is a total solution brand for recovery, which results in different methods, which can also be combined. It can be difficult sometimes to select the best recovery method for clients, based on recovery effectiveness, user diversity, costs/investment, easy application and understandability of a device. Before we make an overview of the recovery methods, you need to know the basics of recovery and the effects of it.

## **IN THE MUSCLE THE RESULT OF EXERCISE AND METABOLIC PROCESSES CAN BE:**

1. Lactate, metabolic waste, excess fluid in or around the muscle with a possibility of secondary symptoms of muscle soreness/pain (DOMS) and tensed muscles (stiffness, less mobility).
2. (Desperate) need for nutrients and oxygen for rebuilding.
3. Myofascial pain and stiffness (pain spots). Overuse or monotonous movements, circulatory and lymph drainage disorders and lack of oxygen, fluids and nutrients can result in sticky and brittle fascia (connective tissue): pain spots and (myofascial) stiffness.
4. Local and central neural fatigue.

## **POSSIBLE SOLUTIONS TO RESOLVE THE EFFECTS OF EXERCISE (RECOVERY):**

- Clearance of lactate and metabolic waste by improving blood flow (venous return)
- Flush out fluids by improving lymph drainage
- Rebuilding "damaged" muscles by improving blood flow for bringing in nutrients & O<sub>2</sub>
- Relaxation of the muscle
- Relieve muscle soreness/pain (DOMS)
- Relieve myofascial pain(spots) / trigger points / pain spots in muscle
- Loosen myofascial stiffness
- Calming the nerve system



**PAU CAPELL**  
Ultra Trail Runner  
2x World Champion

# COMPEX RECOVERY SELECTION

## RECOVERY METHOD (DEVICE)



## RECOVERY EFFECTIVENESS

Clear lactate and metabolic waste by improving blood flow (venous return)	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Improve lymph drainage (flush out fluids)	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Rebuilding “damaged” muscles by improving blood flow (bring in nutrients & O <sub>2</sub> )	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Relaxation of the muscle	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Relieve muscle soreness/pain (DOMS)	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Relieve myofascial pain (spots) / trigger points / pain spots in muscle	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Loosen myofascial stiffness	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Calming nerve system	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●

## SPORT RECOVERY EFFECTIVENESS

Endurance-based sports (run, cycle, triathlon)	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Strength-/resistance-based sports	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Fitness and wellness	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
High user diversity*	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Easy application**	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Easy to understand***	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	● ● ● ● ●
Recovery session duration, 1 muscle group	20-30 min	20-50 min	60 sec	60 sec

- EXCELLENT ● ● ● ● ●
- VERY GOOD ● ● ● ● ●
- GOOD ● ● ● ● ●
- FAIR ● ● ● ● ●
- POOR ● ● ● ● ●

### CLARIFICATIONS

\*User diversity = based on the multi diversity of use of the device, recovery effectiveness and other purposes, like training.  
\*\*Easy application = based on how much time it takes to start the recovery method as a first-time user.  
\*\*\*Easy to understand = based on the simplicity of using the machine as first-time user.

Note: Ratings are estimations based on scientific studies, physiological literature and knowledge, and strategic market positioning of CompeX and competitor products, to help provide a better and clearer understanding of the products.



# COMPEX THERAPY

As the leaders in muscle stim technology, we enlarged our portfolio with a therapy range that offers effective, innovative, portable and easy-to-use products, to help you progress your training, recovery and well-being.

**AYRE - RECOVERY BOOTS**

**FIXX MINI, 1.0 AND 2.0**

**ION AND MOLECULE**

**BACK AND KNEE PAIN RELIEF**

**TAPE**

**HOT/COLD**



# AYRE **RECOVERY BOOTS**

## FEATURES

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Compex Ayre compression boots. Designed for elite and recreational athletes on-the-go, trainers and coaches. Compex Ayre uses a dynamic pulsing compression up the limbs in waves for the duration of its use, which helps promote quick healing.

**2 modes:** Inflate the four chambers one by one or all four chambers at the same time

**Powerful compression:** Up to 120 mmHg

**Battery lifespan:** Up to 3 hours and it may be used while it is charging

**Ultra portable:** No tethers to a power outlet during compression

**Set content:** 2 compression boots • 1 premium travel case • 1 charger

## USE TO HELP TREAT / PREVENT

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Sore or aching muscles, pain and swelling of the muscles.

## BEST FOR

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Aiding in the relief of sore or aching muscles from exercise or recreational activities helping you to be ready to go at full speed the next day.





# COMPEX FIXX™ MASSAGERS AND PERCUSSION

The Complex Fixx™ range offers customers the solution for all muscle treatment requirements, from an ultra-portable massage device to a powerful device to relieve the toughest spots safely and comfortably.



Additional tips and batteries are available as optional accessories

## COMPEX FIXX MINI

### FEATURES

The Complex Fixx Mini provides the ultimate on-the-go deep tissue massage for sore and overworked muscles. When its three speeds are combined with hand pressure, the Fixx Mini offers a variety of massage options to help reduce soreness and loosen tight muscles before and after intense activities. The included extension handle helps the Fixx Mini bring relief to hard to reach areas.

**3 speeds:** 25, 33 and 42 strokes per second

**Compact and lightweight:** 565 g (770 g with handle)

**Battery lifespan:** Up to 1.5 hours

**Ergonomic design:** Fits in the palm of your hand and extremely portable

**Quiet motor:** Less than 60dB

**Extension handle:** Included for hard to reach areas

**Interchangeable tips:** For customized massage treatments (sold separately)

**Set content:** 1 Complex Fixx Mini massager • 1 extension handle • 1 charger

Also available in white

### RECOMMENDED FOR

Muscle soreness • Loosening tight muscles • Warming up prior to activity





# COMPEX **FIXX 1.0**

## FEATURES

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The Compex Fixx 1.0 massager provides the ultimate deep tissue massage for sore and overworked muscles. Fixx massager adjusts to 3 different speeds ranging from 25, 33, and 46 strokes per second. Combining speed and hand pressure customizes your massage to meet your needs and requirements for recovery. Fixx massager can help reduce soreness, loosen tight muscles, and can be used for warm up prior to activity.

**3 arm position options**

**3 speeds:** 25, 33 and 46 strokes per second

**Amplitude:** 14 mm

**Weight (with battery and tip):** 990 g

**Battery lifespan:** 2 hours

**Set content:** 1 Compex Fixx 1.0 massager • 1 premium travel case

1 lithium Ion battery • 1 power adapter • 1 charging dock • 1 tip



## RECOMMENDED FOR

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Muscle soreness • Loosening tight muscles • Warming up prior to activity

# COMPEX **FIXX 2.0**

## FEATURES

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The Compex Fixx 2.0 massager helps warm up muscles before a workout, and relieve stiffness after a hard session. Five powerful intensity settings, paired with a high stall force, give the intense pressure needed to relieve the toughest spots safely and comfortably. Interchangeable tips (included) and a rotating head help tailor your massage to the specific needs of different muscle groups. Removable and rechargeable batteries, a compact design, and quiet motor help provide relief anywhere and everywhere.

**5 interchangeable tips**

**LED screen display with power and battery level**

**3 arm position options**

**5 speeds:** 16, 25, 33, 41 and 50 strokes per second

**Amplitude:** 16 mm

**Weight (with battery and tip):** 1.3 kg

**Battery lifespan:** 2 hours

**Quiet motor:** Less than 60dB

**Powerful motor:** Twice the power of Fixx 1.0

**Set content:** 1 Compex Fixx 2.0 massager • 5 tips

1 premium travel case • 1 lithium-polymer battery • 1 charging dock • 1 power adapter



## RECOMMENDED FOR

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Muscle soreness • Loosening tight muscles • Warming up prior to activity • Relieve the toughest spots

# VIBRATING ROLLER AND BALL

The Complex Ion and Molecule will help you to relieve pain from stiff or aching muscles and improve your range of motion and flexibility. These self-massage products are compact, portable, lightweight and rechargeable.

## ION

### FEATURES

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The Complex Ion helps to gain relief from sore or stiff muscles by working out deep layers of tissue. Made with industrial-grade material this roller is heavy duty and will not lose its shape under any weight-bearing circumstance. A polyurethane finish was used to make the outside feel like rubber. The textured finish allows for a solid grip on any area of the body you are trying to roll out. Featuring four vibration speeds, this roller offers a variety of vibration intensity to meet your recovery needs. Portable and easy to recharge with the micro USB charger.

4 speeds

Weight: 1,425 g

Battery lifespan: Up to 2.5 hours

Size: 312x122x122 mm

Material: EVA / ABS

### RECOMMENDED FOR

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Muscle soreness and relaxation

Massage care • Warm-up and recovery



## MOLECULE

### FEATURES

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The Complex Molecule vibrating massage ball has four levels of vibration intensity to relieve pain from stiff or aching muscles. Increases circulation in targeted areas, relieves soreness, and inflation to muscles. Use this recovery tool before and after a workout to heal and nourish your body.

4 speeds

Weight: 295 g

Battery lifespan: 1.5 hours

Size: 90x90x90 mm

Material: Silicone / ABS

### RECOMMENDED FOR

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Muscle soreness and relaxation

Massage care • Warm-up and recovery



# BACK AND KNEE PAIN RELIEF

## FEATURES

The Complex Back or Knee Pain Relief wraps deliver temporary pain relief whether from exercise, work or day-to-day activities. This product can also help with chronic pain management and pain associated with arthritis. Use the touch screen to choose your program, intensity, and level of heat.

No electrodes needed

Anatomical pad placement

Compression and warmth: To relax muscles

8 different programs: Including

TENS+HEAT and relaxation

2 levels of heat

Wireless and portable

Available in 2 sizes

## RECOMMENDED FOR

- Temporary pain relief
- Chronic pain management
- Arthritis



KNEE WRAP



BACK WRAP





# COMPEX TAPE

Complex kinesiology tape is an elastic, non-medicated, adhesive tape, made of high-quality cotton with an acrylic adhesive layer. Complex tape can be worn for several days, is free from latex and is water resistant.



**BLACK**



**PINK**



**BLUE**

## FEATURES

Supports muscles, removes congestion to the flow of body fluids, corrects joint problems, improves proprioception and relieves musculoskeletal pain.

## RECOMMENDED FOR

- Relieving pain
- Increasing body awareness, proprioception
- Increasing blood circulation and activating the lymphatic system
- Activating healing systems in the body
- Increasing muscle functions and movements
- Providing structural support to joints and muscle movements

Tape application guides and videos  
available at [complex.com](https://www.complex.com)

# REUSABLE GEL PACKS

## FEATURES

The ideal product for both injury management and injury prevention.

- Stays flexible even when frozen
- Microwaveable
- Reusable
- Dimensions: 29x27 cm or 21x14 cm
- Includes a sleeve for applying the pack directly to the skin

## RECOMMENDED FOR

- Soothing aches, pains, bumps and bruises
- Pain relief, reducing swelling and alleviating muscle cramps



# HOT/COLD THERAPY

## COLDFORM KNEE



## COLDFORM UTILITY



## COLDFORM BACK



Complex Hot/Cold therapy helps reduce swelling and pain, accelerating recovery through movable hot/cold gel pack and a compression wrap.

Gel pack

## COLDFORM SHOULDER

### FEATURES

Fits left or right.

**Coldform Utility** for treatment of the foot/ankle, shin, thigh, elbow, arm.

### RECOMMENDED FOR

- General pain
- Swelling
- Sprains and strains
- Tendonitis
- Overuse injuries

**STEFANO MIGLIORINI**  
Crossfit Athlete





# BRACING AND SUPPORTS

## 5MM KNEE BLACK / CAMO



5mm **KNEE**



5mm **KNEE CAMO**

### FEATURES

#### LEVEL OF SUPPORT ●●●●

- Ergonomically designed weightlifting knee support in breathable material to maximize comfort
- 5 mm perforated neoprene support

### RECOMMENDED FOR

- Knee support
- Compression
- Stabilization
- General knee pain
- Mild strains and sprains

**2X**  
SOLD IN PAIRS



# BRACING LOWER EXTREMITY

## WEBTECH PATELLA STRAP



### FEATURES

#### LEVEL OF SUPPORT ●●●○

- Silicone strap applies even pressure to the patellar tendon
- Padded back strap for comfort
- Fits left or right

### RECOMMENDED FOR

Pressure relief around the patella

## BIONIC KNEE



### FEATURES

#### LEVEL OF SUPPORT ●●●●

- Wrap design for ease of application
- Bilateral hinges help support and protect unstable joints
- Anti-slip technology prevents brace from sliding
- Fits left or right

### RECOMMENDED FOR

Minor lateral and knee instability, overuse symptoms and minor knee sprains



**2X**  
SOLD IN PAIRS

## TRIZONE CALF

### FEATURES

#### LEVEL OF SUPPORT ●●●○

- 3 compression zones strategically placed around shin and calf
- Silicone bands offer targeted muscle support
- Fits left or right

### RECOMMENDED FOR

Overuse symptoms, minor inflammation/swelling and stiff/aching joints

# BRACING LOWER EXTREMITY

## PINPOINT KNEE STRAP



### FEATURES

#### LEVEL OF SUPPORT ●○○○

- Pinpoint technology delivers comfortable and targeted support to help relieve pain
- Adjustable support
- Fits left or right

### RECOMMENDED FOR

Patellar tendonitis and chronic tendinosis

## TRIZONE KNEE



### FEATURES

#### LEVEL OF SUPPORT ●●○○

- Low profile knee sleeve with targeted compression zones
- Silicone bands reinforce support, similar to athletic taping
- Available in left and right versions

### RECOMMENDED FOR

Repetitive motion or fatigue symptoms, minor strains, inflammation and swelling and to reduce stress on the knee

## WEBTECH KNEE



### FEATURES

#### LEVEL OF SUPPORT ●●○○

- Unique silicone structure surrounds and stabilizes the patella
- Shock absorbing stretch silicone helps diffuse tensions
- Bilateral hinges provide stability
- Ergonomic, lightweight design

### RECOMMENDED FOR

Minor anterior knee pain, minor lateral and knee instability, overuse symptoms and to reduce stress on the knee

## WEBTECH PATELLA



### FEATURES

#### LEVEL OF SUPPORT ●●○○

- Silicone membranes surround and stabilize the patella
- Shock absorbing stretch silicone helps diffuse tensions
- Lightweight, low profile design
- Fits left or right

### RECOMMENDED FOR

Minor anterior knee pain, knee instability, overuse symptoms and to reduce stress on the knee



# BRACING LOWER EXTREMITY/BACK

## LACE-UP ANKLE



### FEATURES

#### LEVEL OF SUPPORT ●○○○

- Lightweight, easy-to-apply brace with Figure 8 and circumferential straps
- Stabilize the heel and prevent ankle sprains
- Fits left or right

### RECOMMENDED FOR

Ankle sprains and strains and ankle instability

## TRIZONE ANKLE



### FEATURES

#### LEVEL OF SUPPORT ●●●○

- Compressive knit provides support and stability
- Tape-like silicone bands reinforce support
- Fits left or right

### RECOMMENDED FOR

Repetitive motion or fatigue symptoms, weak ankles, minor sprains or strains in ligaments and tendons

## BIONIC ANKLE



### FEATURES

#### LEVEL OF SUPPORT ●●●○

- Single strap closure for ease of application
- Bilateral stabilizers help reduce risk of ankle rollover
- Low profile design, comfortably fits in all shoes
- Available in left and right versions

### RECOMMENDED FOR

Symptoms of instability or overuse and mild to moderate ankle sprains/strains

## BIONIC BACK



### FEATURES

#### LEVEL OF SUPPORT ●●●○

- Semi-rigid stays help improve posture and reduce lower back strain
- Wrap design for ease of application

### RECOMMENDED FOR

Minor lower back pain, muscle weakness and lumbar support

# BRACING **UPPER EXTREMITY**

## **WRIST WRAP**



### FEATURES

#### LEVEL OF SUPPORT ●○○○

- Protective adjustable wrist support helps limit harmful movements
- Movable and lightweight foam pads
- Fits left or right

### RECOMMENDED FOR

Range of motion protection, wrist instabilities, mild strains and sprains and tendonitis

## **TRIZONE TENNIS/GOLF ELBOW**



### FEATURES

#### LEVEL OF SUPPORT ●●○○

- Elastic compressive elbow band
- Silicone band provides targeted support
- Fits left or right

### RECOMMENDED FOR

Minor soreness and to reduce stress on the elbow

## **TRIZONE ARM**

### FEATURES

#### LEVEL OF SUPPORT ●●●○

- Elastic knitted arm sleeve with zonal compression
- Tape-like silicone bands reinforce support
- Fits left or right

### RECOMMENDED FOR

Repetitive motion or fatigue symptoms, strains, minor inflammation and swelling



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