



The world's gold standard for non-invasive infant
body composition assessment

“Numbers
you can trust”



COSMED
The Metabolic Company

“ADP is a noninvasive, reliable, and accurate technique to measure infants’ body composition in both research and clinical settings⁽¹⁾”

- Gold Standard accuracy using whole-body densitometry
- Testing pre-term and term infants (1 to 8 kg)
- Fat and Fat-Free Mass measurements
- Accommodates most infant behaviors (crying, movement, etc.)
- Safe, non-invasive, and ideally suited for frequent testing
- Excellent test-retest reliability
- Fast test time (only 2 minutes inside the chamber)



Researchers widely recognize that the accurate assessment and tracking of body composition in the critical period immediately following birth and throughout early life can provide key information in both clinical and research settings. This includes developing nutrition guidelines, NICU release criteria, dosage requirements, and acquiring normative growth data.

The PEA POD is the world's only Air Displacement Plethysmography system using whole body densitometry to determine body composition (Fat and Fat-Free Mass) in infants weighing between 1 and 8 kg.

Each PEA POD is a complete turnkey system based on the same Gold Standard operating principle as hydrostatic (underwater) weighting.

The PEA POD is extremely simple to use and does not require a license to operate. It is also completely non-invasive and ideal for frequent, longitudinal tracking of body composition.

Main Applications

The PEA POD is an important tool that enables a better understanding of fetal programming, the assessment of efficacy of nutritional therapies, and the development of normative body composition data among other applications. It is used in a wide variety of segments:

Academic and Medical Research
Neonatology Departments
Nutrition Assessment Centers

Proven Accuracy

The PEA POD uses the principles of whole-body densitometry to determine body composition. In this technique, body mass and body volume are measured (both performed within the unit). Once body density ($\text{Density} = \text{Mass}/\text{Volume}$) is determined, the PEA POD uses known (or user customized) densitometric equations to calculate percent Fat and Fat-Free Mass. The accuracy of the PEA POD has been shown to be very high against reference techniques in a number of research publications.

Test Sequence

The PEA POD is extremely simple to operate, with software prompts guiding the operator through each step of the process. From start to finish, a PEA POD test takes about 7 minutes:

Basic information is entered into the software program while the automatic volume calibration takes place.

Body mass is measured with a high precision electronic load cell scale embedded in the unit (its accuracy is assured by calibrations at regular intervals).

Infant is placed in the PEA POD test chamber tray and enters the warmed test chamber for a 2-minute volume measurement. During the entire period the infant is clearly visible at all time through the unit window.

Test results are computed, displayed and printed.

(1) Roggero P et al "Evaluation of air-displacement plethysmography for body composition assessment in preterm infants." *Pediatr Res.* 2012 Sep;72(3):316-20.

Software Features

- Longitudinal reports of body composition changes.
- Customizable body composition ranges.
- Customizable density models based on ethnicity and gender.
- Data export capability.

Maintenance

The PEA POD is designed for durability over time. Each PEA POD has an internal diagnostic test function to analyze system performance and provide feedback to service personnel. Extended service agreements are available to insure optimal performance for long term use.

Safety

The PEA POD is manufactured in compliance with the strictest quality standards required for medical devices.

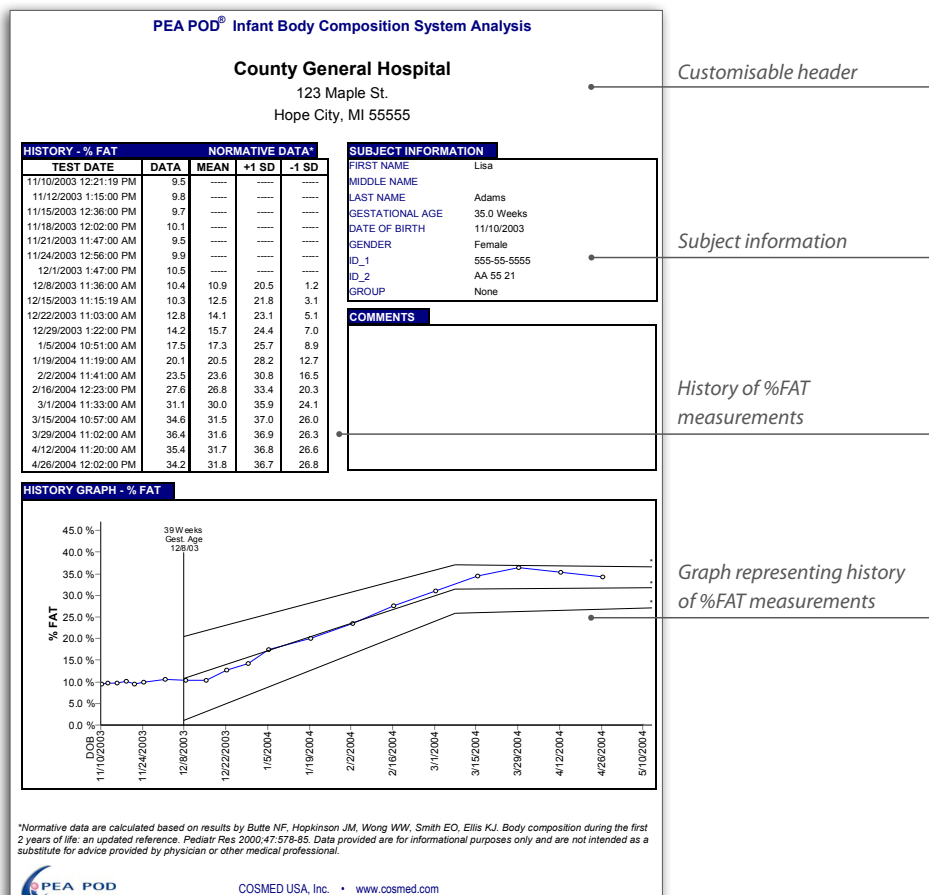
The PEA POD adopts the same safety criteria of an incubator. The chamber is kept in constant temperature, constantly ventilated, and an integrated sensor monitors continuously the level of CO₂ inside the chamber to activate visual and audible alarms to alert the user of any abnormal function. In addition, the PEA POD has a HEPA filter to protect against airborne disease transmission.

The PEA POD has also a redundant safety system, consisting of a Cancel Test button and an Emergency STOP knob the operator can use to immediately stop/cancel a test and remove the subject.

User-friendly and straightforward software interface



High precision scale embedded in the unit



Reports can be created showing longitudinal changes in body composition over time with reference values for comparison



The infant is easily placed in the warmed test chamber



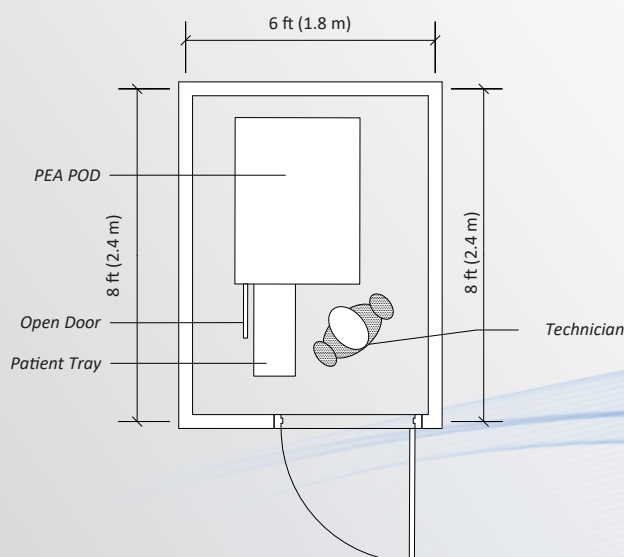
The infant is clearly visible at all time through the unit window

Validation articles

- Forsum E, et al "An Evaluation of the Pea Pod System for Assessing Body Composition of Moderately Premature Infants" *Nutrients* 2016, 8(4), 238
- Fields DA et al "Air Displacement Plethysmography: Cradle to Grave" *Nutr Clin Pract.* 2015 Mar 11
- Roggero P et al "Evaluation of air-displacement plethysmography for body composition assessment in preterm infants" *Pediatr Res.* 2012 Sep; 72(3):316-20.
- Ellis KJ, et al "Body-composition assessment in infancy: air-displacement plethysmography compared with a reference 4-compartment model" *Am J Clin Nutr.* 2007 Jan; 85(1):90-5.
- Ma G, et al "Validation of a new pediatric air-displacement plethysmograph for assessing body composition in infants" *Am J Clin Nutr.* 2004 Apr; 79(4):653-60.
- More scientific studies on www.cosmed.com/bibliography

Technical Specifications

Product	Description	REF
PEA POD	Infant ADP body composition tracking system	A-661-230-025
Standard packaging	PEA POD unit; Computer/monitor; Software Disk; Volume panthom; 2 Kg. calibration weight; Chamber tray allen key; Door strap (placed on PEAD POD door); Subject cap (10 pcs.); Window cleaner; Window cleaning cloths (5 pcs.); Keyboard membrane; Printer; Air intake pre-filter (4 pcs.); Operator's manual.	
Standard Tests		
Body Composition	Body Weight, Body Fat (mass and %), Body Fat-Free (mass and %), Body surface area, Thoracic Gas Volume (estimated)	
Accuracy	The mean difference of measured body fat percentage is < 0.6 % when compared to reference techniques (such as deuterium dilution method and four compartment models)	
Maximum patient weight	8 kg	
Mass Measurement (with built-in digital scale)		
Weight range	up to 10Kg	
Accuracy	±2g	
Calibration	Certified 2Kg weight	
Volume Measurement		
Dimensions & Weight (Pod)	156.2x79.8x122.4 cm / 300kg	
Chamber volume	≈ 36L	
Accuracy	±6 ml	
Calibration	Automatic with an internal calibration volume	
Hardware		
Power requirements	100-240V ± 10% 50/60 Hz	
Environmental conditions		
Temperature	20 to 28°C (operating); -21 to 75°C (storage)	
Humidity	20-70% (non-condensing)	
Barometric Pressure	75-106 KPa (562-795 mm Hg)	
Software		
Available languages	English	
PC Configuration (PC included)	Windows XP Pro (32 bit), Windows 7 (32 bit) or Windows 10 (64bit); 256 MB RAM (XP Pro), 2 GB RAM (Windows 7)	
Safety & Quality Standards		
MDD (93/42 EEC); FDA 510(k); EN 60601-1 (safety) / EN 60601-1-2 (EMC)		



PEA POD is manufactured by COSMED USA



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To know more:

